

Hi Everyone,

Welcome to our 1st newsletter for 2021. WSFFM would like to wish you a 'Happy New Year 2021'

It has not been an ideal time to start the ball rolling for any new sporting activities due to the Covid-19 pandemic restrictions. Most of us are still waiting for our vaccinations. This will serve as a safety net to travel and to move around. Until then we need to follow the SOPs set by the government to curtail the further spread of covid-19.

Our netball league (NPL) tournament will continue once school reopens for all the students starting next Monday, 5th April 2021. Most of the secondary school pupils are still studying online from home.

The manual on SAB20/30 is published and you can obtain a copy from any of our SAB20/30 coaches. The sessions for Bukit SUK, Bukit Jelutong, D' Kayangan and Section 9 have resumed.

In the meantime, our president and PEKA's president Puan Sri To' Puan Datuk Dr Shariffa Sabrina Binti Syed Akil received the 'Malaysia Tourism And Business Heroes 2020' award from the Malaysia Tourism Council for her achievement in making her Tanah Aina Resort chain an attractive eco-friendly tourism destination. Congratulations Puan Sri Sabrina on your successful accomplishment and the many more awards to come.

Keep up with our Facebook and website where we keep you posted on our future activities. We wish to thank you all for your patience and continuous support of WSFFM and our programs. May 2021 bring more positive energy for all of us and the world.

Kee Poh Siew
Editor

Events in January, February and March 2021.



The manual on SAB20/30 exercises.



Congratulations Puan Sri To' Puan Datuk Dr Shariffa Sabrina Syed Akil on receiving the 'Malaysia Tourism and Business Heroes 2020' award from the Malaysia Tourism Council for her resilience and success for being able to sustain her Tanah Aina Resort chain in this covid pandemic and making it a role model in the tourism industry for the country,

