

Be A Sport, Life Gets Better

March 2016

Hi Everyone,

February is coming to an end. There are some activities lined up for March. On the 6^{th} March the annual "Women's Marathon Selangor" kicks off at 06.30 am at Dataran Kemerdekaan Shah Alam. This race is for females ONLY. The theme for this year is "Run Sisters Run".

Our President, Puan Sri To' Puan Datuk Shariffa Sabrina will flag off the race with the Menteri Besar Selangor.

There will be a tree planting exercise organized by PEKA at Taman Awam Danau Kota, Setapak, Kuala Lumpur on the 12th March 2016.

The most significant event for March will be "Save Our Rainforest Run 2016" or SORR 2016 which will be held on 26th March at Sungai Menyala, Port Dickson, Negeri Sembilan. You can register on line at PEKA's website.



Kee Poh Siew Editor

Upcoming Events	
6 th March	Women Marathon @ Dataran Kemerdekaan Shah Alam Flag off at 6.30 am . President WSFFM will flag of with MB Selangor.
12 th March	Program tree planting by PEKA in Taman Awam Danau Kota, Kuala Lumpur.
26 th March	"Save Our Rainforest Run 2016" - SORR 2016 @ Sg. Menyala, Port Dickson. Flyer as above.